SEXUAL ASSAULT HOTLINES 24-HOURS A DAY • 7 DAYS A WEEK

FOR IMMEDIATE ASSISTANCE, ADVOCACY AND REFERRALS

BROOME COUNTY 607 722 4256

CAYUGA COUNTY 315.252.2112

CHENANGO COUNTY 1.855.966.9723

CORTLAND COUNTY 607.756.6363 or 1.800.336.9622

DELAWARE COUNTY 607.746.6278 or 1.866.457.7233

HERKIMER COUNTY 315.866.4120

JEFFERSON COUNTY 315.782.1855 or 1.866.782.1855

LEWIS COUNTY 315.376.4357 or 315.376.HELP

MADISON COUNTY 1.855.966.9723

ONEIDA COUNTY 315.797.7740

OSWEGO COUNTY 315.342.1600 or 315.342.7618 or 1.877.342.7618

OTSEGO COUNTY 607.432.4855

IF YOU NEED LEGAL HELP BECAUSE OF A SEXUAL ASSAULT, CONTACT THE LEGAL AID SOCIETY OF MID-NEW YORK:

1-833-400-YANA (9262)

Toll-Free • M-F 9am-5pm

www.lasmny.org

BINGHAMTON OFFICE

168 WATER ST. 2ND FL BINGHAMTON, NY 13901

ONEONTA OFFICE

189 MAIN ST. SUITE 401 ONEONTA, NY 13820

OSWEGO OFFICE

108 WEST BRIDGE ST OSWEGO, NY 13126

SYRACUSE OFFICE

221 S. WARREN ST. SUITE 310 SYRACUSE, NY 13202

UTICA OFFICE

120 BLEECKER STREET UTICA, NY 13501

WATERTOWN OFFICE

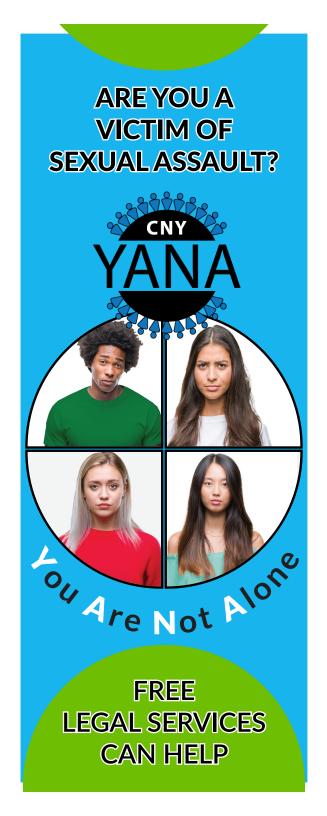
215 WASHINGTON ST #202 WATERTOWN, NY 13601

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If you are a victim of sexual assault, you are not alone. 1 in 3 women, and 1 in 6 men, are sexually assaulted during their lifetime. Sexual assault is never your fault. Trauma from sexual assault can affect many areas of your life.



I am concerned about my health or medical issues.



I am worried about my privacy and other people finding out about my assault.



I do not feel safe where I live and/or I am worried about my physical safety.



I have problems with student loans or other financial issues.



I am worried about school.



I am concerned about my immigration status.



I am confused about the criminal or civil justice system.



I am worried about my job.

If you are a victim of sexual assault, and you checked any of these boxes, please contact the Legal Aid Society of Mid-New York. Our services are FREE, PRIVATE and CONFIDENTIAL.

One of our attorneys can explain your legal options. If English is not your first language, we will provide a free confidential interpreter.